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## Mundaring and Hills Historical Society

### From Tin Shed to Men's Shed – Past, Present and Future

#### The Story of the Mundaring Community Men's Shed

The first sheds appeared in Australia in the 1990s. They developed spontaneously in many different areas of Australia. The Australian Men's Shed Assn was formed in 2007 following a talk by Prof Barry Golding who stated that 'Men don't talk face to face, they talk shoulder to shoulder.' This became the motto of AMSA. There are now more than 1,200 Men's, Women's and Community Sheds in Australia.

The movement has spread around the world. Globally there are about 3,000 sheds in 12 countries and more are being formed.

In 2010 the Federal Govt recognised that practical support was needed to assist Men's Sheds, especially those in areas of high need. Men's Sheds play an important role in the community by providing meeting places where men can find social support and camaraderie. The goal of the Men's Shed is promoting positive male health outcomes, through providing places where men can contribute to their communities, have a sense of belonging and meaningful purpose.

The Mundaring Men's Shed was formed after a group of Mundaring men attended a health symposium in 2007 and was incorporated the following year. An old shed in Jacoby St became the first Mundaring Men's Shed in 2010. It soon became obvious that this location not only did not meet the current needs but was also to be the location of the upcoming Multi-Purpose Community Facility now known as the Mundaring Cultural Hub.

Current Secretary Ross Boughton will tell the story of the frustration at finding a new site that would fit most of the criteria for a new Shed. 22 sites in Mundaring were investigated and with dogged determination the committee chose two blocks in Morilla Rd in the Industrial Area.



Funding was now an issue however with a grant of \$900,000 in 2019, the dream could become a reality. The team found this was just the start of a long journey when COVID created havoc throughout Australia.

Ross Boughton will tell more about the travails of the Mundaring Men's Shed at our next meeting, see details below.

**NEXT MEETING**  
**Saturday 15th June**  
**2.00 pm**

**The Hub of the Hills, 8 Craig Street, Mundaring**  
**Afternoon Tea supplied for a gold coin donation**